

What to Bring to Sessions

In addition to clothing and other personal items you will need:

Linens

The following will be provided: sheets, light blanket, pillow & case, 2 bath towels and 1 washcloth, a small bar of soap.

Parents must bring sleeping bag/bedroll, pillow, and towel for any children sleeping on the floor. Moving mattresses into neighboring dorm rooms is not permitted, and we are not able to provide mattresses or other sleeping supplies for children who will be sleeping on the floor.

Dorm rooms are not air-conditioned, so you may want to bring an electric fan. Window fans are not likely to fit dorm windows.

Other items to bring: **shampoo is not provided** in dorm bathrooms, so bring your own. You may want to also bring:

- laundry detergent
- reading lamp
- travel cup/mug
- cloth napkin
- clock
- hangers
- a mattress pad (mattresses are covered with plastic)
- ear plugs
- swimming suit
- personal first aid supplies
- a bathmat or spare towel
- rain jacket/umbrella

Please put your name on any item you may accidentally leave behind or drop, so it has a better chance of getting back to you.