

## Inner and Outer Transformation Resources to Reduce our Carbon Footprint

### Newsletter:

**Befriending Creation** (link: <https://www.quakerearthcare.org/> ; especially see tab “**Deepen Spiritually**” and “**Living Our Testimonies**” for Inner Transformation resources. Also, see their many publications, including the pamphlet “**Quakers and the New Story**” (link: <https://www.quakerearthcare.org/pamphlet/quakers-and-new-story> ), published by Quaker Earthcare Witness.

**Pendle Hill Pamphlets:** (link: <https://pendlehill.org/product-category/pamphlets/> )

**The Ecology of the Quaker Meeting** (2018) by James W. Hood

**Integrity, Ecology, and Community: The Motion of Love** (2009) by Jennie Ratcliffe

### Magazine:

**Yes!** (link: <https://www.yesmagazine.org/>)

### Books:

**A Sustainable Life: Quaker Faith and Practice in the Renewal of Creations** by Douglas Gwyn (2014)  
(forward by Steve Chase)

**Active Hope: How to Face the Mess We’re in without Going Crazy** by Joanna Macy and Chris Johnstone (2012)

**The Call to Radical Faithfulness: Covenant in Quaker Experience** by Douglas Gwyn (2017), especially Chapter 13, “Covenant and Testimony,” pp. 83-84.

**Coming Back to Life: Practices to Reconnect Our Lives, Our World** by Joana Macy and Molly Young Brown (1998)

**Gathering Moss: A Natural and Cultural History of Mosses** by Robin Wall Kimmerer (2003)

**Rising to the Challenge- The Transition Movement and People of Faith** by Ruah Swennerfelt (2016)  
(may be purchased from Quaker Institute for the Future or downloaded for free)

**The Transition Companion: Making your community more resilient in uncertain times** by Rob Hopkins (2011)

**The Transition Handbook: From oil dependence to local resilience** by Rob Hopkins (2008)

**The World Peace Diet: Eating for Spiritual Health and Social Harmony** by Will Tuttle (2005) Read this book to discover why many choose to be vegans. It’s about justice, health, environmental sustainability, and love.

**Drawdown- The Most Comprehensive Plan Ever Proposed To Reverse Global Warming** edited by Paul Hawken (2017)

**Our Life is Love: The Quaker Spiritual Journey** by Marcelle Martin (2016)

**The Wisdom to Know the Difference: When to Make a Change--and When to Let Go** by Eileen Flanagan (2009)

**Right Relationship: Building a Whole Earth Economy** by Peter G. Brown and Geoffrey Garver (2009)

**Pass It On- Five Stories That Can Change the World** by Joanna Macy and Norbert Gahbler (2010)

**Hope Beneath Our Feet- Restoring Our Place in the Natural World** edited by Martin Keogh (2010)

#### **Books for Children:**

**Energy Island- How One Community Harnessed the Wind and Changed Their World** written and Illustrated by Allan Drummond (2011)

**Old Turtle** written by Douglas Wood and illustrated by Cheng-Khee Chee (1992)

**B is for Blue Planet- An Earth Science Alphabet** written by Ruth Strother and illustrated by Bob Marstall (2011)

**Somewhere Today- A Book of Peace** written by Shelley Moore Thomas and photographed by Erick Futran (1998)

#### **Program:**

**Pachamama Alliance: Awakening the Dreamer, Changing the Dream Symposium** (link: <https://www.pachamama.org/engage/awakening-the-dreamer> (may take an online version as an individual or host an in-person experiential workshop for many at your meeting, contact Reb MacKenzie at [reb178@myfairpoint.net](mailto:reb178@myfairpoint.net) for discussing in-person options)

#### **Meditative Walk:**

**The Cosmic Walk** created by Cornelia Parkes and Mary Coehlo of Friends Meeting Cambridge. An experiential timeline of the New Story to be walked meditatively.

#### **Organizations, including some excellent Quaker resources:**

**QUNO: Quakers and Climate Change-** extensive resource (link: <https://quakersandclimatechange.com/category/international-political-engagement/> )

**Quaker Earthcare Witness** (publishes BeFriending Creation, <https://www.quakerearthcare.org/> )

**Quaker Institute for the Future:** publishes relevant resources (link: [Quakerinstitute.org](http://Quakerinstitute.org) ) Free e-Books or pay for hardcopy, include: **Energy Choices- Opportunities to Make Wise Decisions for a Sustainable Future** by Robert Bruninga, with Judy Lumb, Frank Granshaw, and Charles Blanchard (2018) Link: <http://www.quakerinstitute.org/wp-content/uploads/2018/06/EnergyChoices-book.pdf> ) and **How Does Societal Transformation Happen? Values Development, Collective Wisdom, and Decision Making for the Common Good** by Leonard Joy (2011).

**Friends Committee on National Legislation** (link: <https://www.fcni.org/> )

**Transition Network (UK): for Inner Transition** (link: <https://transitionnetwork.org/about-the-movement/what-is-transition/inner/> )

**Transition US:** (Transition Movement in the United States- link: <http://www.transitionus.org/> )

**Shared Security**, an alliance of Friends Committee on National Legislation and American Friends Service Committee (link: <https://sharedsecurity.wordpress.com/>)

**Friends World Committee on Consultation** (Global Change Consultation <http://fwcc.world/gcintroduction> and the Kabarak Call <http://fwcc.world/fwcc-news/the-kabarak-call-for-peace-and-ecojustice> )

**Catholic Climate Movement** (link: <https://catholicclimatemovement.global/statements-on-climate-change-from-the-popes/>, see especially the encyclical Laudatu Si <https://laudatosi.com/watch>)

**Interfaith Power and Light** (link: <https://www.interfaithpowerandlight.org/>)

EMC will continue to expand these resources. Please contact us with those you recommend.

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