Tips and Resources for Social Justice Action

This list was compiled as part of an open day of developing resources for Quakers on January 14, 2017. Please send additions to lisa@neym.org

Intervention of Harassment and Threat:

<u>Do's and Don't's for Bystander Intervention</u>

What to Do If You Are Witnessing Islamaphobic Harassment

Immigration:

Engaging Your Faith Community on Immigration: First Steps for Organizing and Action by Small Groups in Religious Settings

Gender:

Best Practices for Religious, Faith and Spiritual Leaders with regards to gender diversity Gender Identity and Our Faith Communities: A Congregational Guide for Transgender Advocacy

For People of Color:

Self-Care for People of Color After Psychological Trauma

For White People:

Note to Self: White People Taking Part in #BlackLivesMatter Protests

Content Resources

Topic Area	Site	Summary
Current events	http://facingtoday.facinghistory.org/	Blog by and for teachers about how to talk about police
		shootings, gendered bathroom legislation, and other news
		events that are about identity, discrimination, and equity.
Conflict resolution	http://www2.peacefirst.org/digitalactivitycenter/	Searchable site of 100's games, books, activities, etc., that help
		students address conflict peacefully. Great for K-8
Current events	http://learning.blogs.nytimes.com/2014/10/07/50-ways-to-teach-	50 strategies, with tips/resources/etc., for talking about
	current-events/?_r=o#reading	current event with students. Doesn't have an equity lens per
		se, but useful strategies
Diversity & social	www.teachingtolerance.org	Searchable database of fully prepared lessons on host of
justice		diversity topics, K-12
	http://www.edchange.org	Teach-run web site for teachers of diversity & social justice
		(start with the "Handouts" tab)
Gender	www.genderspectrum.org	Resource center for schools and other service organizations on
		gender, gender identities and creating inclusive spaces
Gender	http://www.adl.org/assets/pdf/education-outreach/discussing-	18-page guide with great stats and do's/don't's about talking
	transgender-and-gender-non-conforming-identity-and-issues.pdf	about gender and gender expansive identities, has information
		on age/developmental stages
GLBTIAQ+	www.glsen.org	Gay Lesbian Straight Education Network - tons of resources
		for teachers/school staff of all grades on GLBTIAQ safety and
		inclusion
GLTBIAQ+ Safe	https://www.glsen.org/sites/default/files/GLSEN%20Safe%20Space%20	
Spaces Kit	<u>Kit%202016_0.pdf</u>	inclusive for LGBTIAQ+ students, staff, and families
Homophobia/support	https://www.glsen.org/sites/default/files/GLSEN%20Safe%20Space%20	
Queer youth	<u>Kit%202016_0.pdf</u>	defiintions, what do if , etc
Organizing	https://www.indivisibleguide.com/group-toolkit	Organizing, lobbying, direct action toolkit
Race, news, gender,	www.colorlines.com	Daily news and in-depth reporting on race in US, strong
sexual orientation		intersectional focus on race/gender/sexual orientation
Race, younger kids	http://www.embracerace.org	Parents and teachers writing about race and raising/teaching
		young children. Many voices and perspectives, great FB
		presence, too.
Racial justice	www.racialequitytools.org	Huge on-line warehouse of tools for teaching/facilitating racial
		justice, expanding curriculum section in process
	https://myreflectionmatters.tumblr.com/post/145371593751/my-	Researched books, videos, educational materials and more
	reflection-matters-isnt-just-our-brand-its-a	that affirm and nourish Black and Brown identities. Bi-
		monthly newsletter, consulting service, and more.

content resources.xlsx

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Quaker Legislative	https://www.fcnl.org	The Friends Committee on National Legislation lobbies
and Political Lobbying		Congress and the administration to advance peace, justice,
		opportunity, and environmental stewardship. Information on
		issues, policy, legislature, and how to get inovlved.
Quaker Social Justice	https://www.afsc.org	The American Friends Service Committee is a Quaker
Work		organization that promotes lasting peace with justice, as a
		practical expression of faith in action. Information on many
		aspects of social justice, resources for meetings, videos, local
		connections, and more.

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Education

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How can education be create justice and equity?

- Friends need to know about an issue in order to act
- We need to make sure that we understand not just the issue, but how systems of oppression and privilege have influenced how we understand an issue so that we can act on it in new ways
- Others, outside Friends, may have more accurate and culturally grounded information, we need to seek out their voices and expertise

How to Plan an Educational Workshop

1. Goal Setting: Why are you doing this? What is your goal? Make is something specific and measurable.

Sample goals: Friends will be able to explain what is involved in becoming a Sanctuary congregation and what next steps might be. OR Friends will be able to use 5 different strategies for lobbying their legislators.

- 2. Pick and time and place that is accessible to the people you want to have attend. Make sure the space works for what you will be doing:
 - Do you need a projector, screen and speakers?
 - Do people need to be able to get up and move around?
 - Do people need tables at which to work?
 - Can you offer childcare and is there a suitable place for childcare?
 - Who will be serving as an elder?
 - If the topic might elicit strong feelings, can members of M&C or Pastoral Care be present?

3.	Set	an	agenda:
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The agenda should include:

- ☐ At least one learning goal and at least one doing goal (learning in the service of new actions)
- ☐ A list of the activities that will be offered

How long each activit	ry will take and who will be leading it
An opening and closing	ng that help people connect to each other and
the topic	
☐ A list of materials you	ı will need
☐ A plan to address any	accessibility needs
Click <u>here</u> for a detailed sar	nple agenda

4. Advertise it well:

- Put the topic, time, place, date, and speaker(s) in the header of emails, in the first paragraph of text, and clearly and largely printed on flyers
- Let people know who they can contact for more information, how accessible the space is, and whether or not there is childcare (there should be childcare)
- Be clear about how accessible the program is to younger Friends and invite them
- Advertise as far in advance as you can, send out reminders a week before and 2 days before the event
- Make good use of social media, listservs, etc. AND call those Friends for whom e-communication is not accessible
- Be conscious of personal information: if using social media, open list servs, or other public media sources, make sure any personal information and contact information shared has been cleared with the individuals whose information it is ahead of time

5. Arrive early and create a welcoming space:

- Set-up furniture and food ahead of time
- Have a friendly person and someone knowledgeable about the space greet people
- If you have the capacity, have 1-2 people circulating ahead of time to welcome people, help people connect, and make sure that newcomers are being introduced to long-time members/attenders

6. Follow your agenda AND be flexible:

• Offer what you said you were going to offer

- If people are going to be asked to share personal information, set clear guidelines and expectations around confidentiality
- Listen to where and how Spirit might be moving
- Make sure all are included
- Make sure those with children, accessibility needs, or other concerns can fully participate

7. Follow-up:

- Share a summary or highlights from the event in a newsletter and at the rise of meeting for those who were unable to attend
- Write thank you notes to any speakers or presenters and invite other to sign them
- Make sure that identified "next steps" happen in a timely and transparent manner
- Review what worked and didn't work with your planning team so you can take pride in what went well and address any things that didn't work so well at a future event

8. Evaluation:

Asking participants to evaluate an event they attended can be useful if you are planning more and not everything needs an evaluation. Evaluations that are short and solicit the specific feedback you want are most useful. Some sample questions you might ask:

- On a scale of 1-5, how useful/effective/impactful (choose just one that alligns with your goals) was this workshop/presentation?
- What were some things that really worked for you? Why?
- What were some thing you wish had been different? How?
- What topics or issues would you like us to see address in the future?

Sample Education Workshop Agenda

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Date:
Time:
Place:
Childcare plan:
Accessibility issues to address:
Goals:
Learning: what will people know after this session?
- Friends will (learn, explore, develop, discuss, etc.)
&
Doing: what will people be able to do after this session?

Materials & Supplies:

- What do you need?
- How can it be organized ahead of time to be most useful and least disruptive during workshop?
- Do you need to make large print/have hearing assist/translators, etc.?

Friends will (use, act, call, organize, donate, volunteer, commit, etc.)

The agenda below is designed to engage a wide range of people and ages. The more that people get to interact during a workshop, the more they learn and the more focused large group questions/discussion will be.

Agenda:

- 1. Welcome and overview of the goals and agenda, opening silence
- 2. Get-to-know-you:

Small Group (2-10 people):

- ❖ Go around and share name and:
 - ➤ how you are?
 - ➤ What brought you here?

- ➤ A hope you have?
- ➤ A personal connection you have to the topic?
- ➤ When I think about *topic*, I think about . . .
- ➤ Something I am grateful for this week . . .
- ➤ A question about the topic I bring is
- ➤ A hope I have for Friends and *topic* is . . .

Medium Group (10-25 people):

- Have everyone say their name and hometown
- Then break people into groups of 3-5 to share on one of the questions above

Large Group (25+ people):

- Have everyone get into groups of 3-5 to share on one of the questions above
- Depending on the question, invite each group to share out something that more than one person said, a theme, or something they noticed about their group. Be clear about how long each group is to speak. Of just ask to hear from a few groups.

3. Initial Framing and Presentation:

- Opening silence if not done earlier
- Introduce the speaker, video, panel, etc. Who/what are they? Why have they been brought here? What can participants expect to learn from this ?(Keep this part short and sweet)
- Let participants know how long this section will run and if they should hold or ask questions along the way
- Check to make sure that people can hear and see clearly as you start
- If you are showing a video stop periodically to have people reflect on what they are seeing in pairs or groups of 3
- 4. Before moving into questions of the presenter(s), invite everyone to turn to 2 other people are respond to a reflection question:
 - What did you hear that particularly caught your attention?
 - What were 3 things you learned, 2 questions you have, and 1 connection you are making about this issue to something in your life?

• What is a thought you have after hearing this? What is a feeling you had while hearing this? What is something you are curious about?

5. Open the floor to questions:

- Let everyone know how much time you have for questions or discussion
- If you have a panel, have a moderator manage the flow of the questions and answers (not everyone needs to answer all the questions)
- If you are having a discussion after the film, prepare a few questions that anyone watching it could respond to.
- Manage air time, invite those who haven't spoken to speak before those who have speak a 2nd or 3rd time.
- Pay attention to folks ability to hear everything, in a larger setting, questions may need to be repeated

6. Moving from learning to doing:

- Back in small groups if you have many people, or in the whole circle if a few people, ask everyone to reflect on what they are *going to do* as a result of this information they have learned
 - o It may be able to frame this invitation as a 1) an intrapersonal action: more learning, prayer, donation of time or money, different use of a resource, call a legislator, etc., or 2) an interpersonal action: volunteer with an existing group, get the meeting to do X, attend a rally/witness, have the meeting make/do/host/post, get X changed at Y place, etc.,
 - o If you are asking people to lobby, donate, or otherwise get involved with an issue, have a single handout with all the salient information clearly organized. Make this document available via e-mail with active links. Size 14 pt. font

7. Closing:

- Offer gratitude for your speaker(s) that is real, specific, and heart-felt
- Offer gratitude for the group

- Invite people to name something they are leaving with, an action they are committing to, or something they learned keep it to one sentence if a medium size group, and do in small groups if many people
- Join hands and have a moment of closing silence and prayer (or vocal prayer)
- Name next steps, opportunities, who is following up, etc.